Dated : 28/04/2025

To Whom It May Concern

Subject : Medical Certificate

Patient : MISS SHAGUFTA PARVEEN **Passport No.# :** P5156811

Nationality : Indian **D.O.B :** 01/01/1997 (28 Yrs.)

This is to certify that Ms Shagufta Parveen was seen and assessed on April 28, 2025.

Clinical Findings & Diagnosis:
The patient presented with symptoms including:

- Fever (Temperature recorded: [e.g., 38.5°C / 101.3°F, if measured])
- Sore throat and signs of pharyngeal inflammation (Throat Infection)
- Generalized weakness and malaise
- Other symptoms consistent with a viral illness (e.g., cough, headache, body aches)

Based on the clinical assessment, the patient is diagnosed with:

1. **Acute Viral Infection** (likely Upper Respiratory Tract Infection)
2. **Acute Pharyngitis** (Throat Infection)
3. **Associated Pyrexia** (Fever) and **Asthenia** (Weakness)

Recommendation:
Due to the current medical condition, Ms. Shagufta Parveen is experiencing significant discomfort and is advised to:

1. Take complete bed rest and avoid strenuous activities.
2. Undergo appropriate symptomatic treatment and ensure adequate hydration.

Fitness for Travel:
In view of the above diagnosis and symptoms, the patient is currently **NOT FIT FOR TRAVELING.** Traveling at this time could exacerbate the condition and potentially risk the health of others.

Period of Rest Advised:
The patient requires a period of rest and recovery for **at least seven (7) days**, from **28th April 2025** to **May 4th 2025** inclusive.

G.P.

Signature

General Physician (Dr. Rafayt Tayabah)

DR. RaAYT TAAYABAH
Gyna. Consultant

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